When completing the Checklist, please put a tick (\checkmark) next to anything you have been involved in. Also, please mark whether your close family has been involved by marking next to the item with \mathbf{F} =father, \mathbf{M} =mother, $\mathbf{G}\mathbf{M}$ =grandmother, etc.

- θ Abstract art (under hallucinogenic stimulus)
- θ Acupressure
- θ Acupuncture
- θ Alternative medicines (depends on origin)
- Amulets (tiger's claw, shark's tooth, horseshoe over door, mascots, gold earring – man) to ward off evil spirits
- θ Ankh (cross with a ring top, used in Satanism)
- θ Apparitions (spirits appearing as ghosts)
- Aromatherapy (the use of fragrances to affect or alter a person's mood or behaviour)
- θ Astral projection (soul travel)
- Astrology (zodiac signs, star signs, Chinese or other)
- θ Augury (interpreting omens)
- θ Automatic writing, painting and speaking
- θ Bio-energy (life energy)
- θ Birth signs (Chinese birth year, etc.)
- θ Black arts (magic, sorcery)
- θ Black magic (involving hidden powers for bad ends)
- θ Black mass (satanic parody of communion)
- θ Blood subscriptions (pacts)
- θ Cartomancy (using playing cards)
- θ Chain letters
- Channelling (entering a meditative or trancelike state in order to convey messages from a spirit guide)
- θ Charms to ward off evil spirits (apotropaion)
- θ Chinese funerals
- Clairaudience (ability to hear voices and sounds super-normally – spirited voices alleging to be that of dead people giving advice or warnings)
- $\theta \quad \hbox{Clairsentience (supernatural sense perception)}$
- Clairvoyance (ability to see objects for events spontaneously or supernormally above their normal range of vision – second sight)
- θ Colour therapy
- θ Concept therapy
- θ Conjuration (summoning up a spirit by incantation)
- $\theta \quad \text{Contact with corpses}$
- θ Coven (a community of witches or Satanists)
- θ Crystal ball gazing or crystalomancy (scrying)
- Crystals (belief that crystals transmit energy for power/healing)
- θ Cymatic therapy
- Death magic (where the name of a sickness plus a written spell is cast into a coffin or grave)
- θ Dèjá vu experience
- θ Demon worship
- θ Disembodied spirits
- Divining rod, twig, pendulum or planchette (used in dowsing or witching for waterr water, minerals, underground cables or finding out the sex of an unborn child)
- θ $\,$ Dream interpretation (as with the Edgar Cayce book)
- θ Dungeons and Dragons, etc. (role play, fantasy books)
- θ ESP (extra sensory perception)
- θ Eastern meditation / religions, Gurus, etc.
- Ectoplasm (unknown substance from the body of a medium)
- θ $\;$ Enchanting and enchantments (attempts to use spirit power)
- θ Extraterrestrial encounters (UFO fixation)
- θ Feng Shui

- θ Findhorn Community (a New Age community in Scotland)
- θ Floating trumpets
- θ Fortune telling
- θ Gothic rock music
- θ Gypsy curses
- Halloween (trick or treat, haunted houses, masks, etc.)
- Hallucinogenic drugs (cocaine, heroin, marijuana, etc.)
- Handwriting analysis (graphology for fortune telling)
- θ Hard rock music (Kiss, Led Zeppelin, Rolling Stones, etc.)
- θ Heavy metal music (AC/DC, Guns & Roses, etc.)
- θ Hepatoscopy (examination of the liver for interpretation)
- Hex sign (hexagrams)
- Homeopathy (treating disease by minute doses of drugs that in a healthy person would produce symptoms similar to those of the disease)
- θ Horoscopes
- θ Horror shows
- θ Hydromancy (divination by viewing images in water)
- θ Hypnosis, self-hypnosis, hypnotherapy
- θ I Ching (ancient Chinese book of divination)
- A Idols
- θ $\;$ Iridology (diagnosis of diseases by observation of the eye)
- θ Jonathan Livingstone Seagull (reincarnation, Hinduism)
- θ Kabbala (interpretation of the Torah by secret knowledge)
- θ Karma (bringing upon oneself inevitable results, either in this life or in a reincarnation)
- θ Levitation, or translocation
- θ Lucky charms, signs of the zodiac or birth stones
- θ Magic (not sleight of hand but the use of supernatural power)
- 9 Magnetic healing
- Mantras (a sacred word or formula repeated as an incantation)
- θ Martial arts (Karate, Kung Fu, Tae Kwando, Aikido, Judo, etc.)
- θ Mascots (animal, person or thing adopted by a group as its symbol and bringer of good luck)
- θ Matthew Manning (healing)
- θ Mediums
- θ Mesmerism
- θ Mental telepathy, suggestion, or therapy
- θ Metaphysics (study of the spirit world)
- θ Mind control, mediumship
- $\boldsymbol{\theta}$ $\;$ Mind sciences, dynamics or mind reading
- θ Monism (belief that reality consists of a single element)
- θ Mood rings and bracelets
- θ Moonmancy (moon divination)
- θ Motorskopua (mechanical pendulum for diagnosing illness)
- θ Mysticism
- θ Necromancy (conjuring up the spirits of the dead)
- θ New Age symbols (pyramid and rainbow, hexagram, triangle, swastika, unicorn, Pegasus)
- θ Numerical symbolism
- θ Numerology (study of numbers for supernatural significance)
- θ Occult letters of protection
- Occult literature (e.g. the 6th & 7th Book of Moses, The Book of Venus, The Other side, The Greater World, works by Jacob Lorber, Edgar Cayce, Dennis Wheatley, Johann Greber, Jean Dixon, Aleister Crowley, Anton LeVay)
- θ Occultic games
- θ Occult symbols (eye of Horus, pentagram, yin yang, etc.)
- θ Omens (rhapsodomancy)
- θ Orteopathy (a form of alternative medicine)
- θ Ouiia boards
- θ Pagan fetishes, religious objects, artefacts, relics and holidays



- Pagan rites (voodoo, sing sings, corroborees, fire walking, umbahda, macumba)
- Palmistry
- θ Parapsychology (PSI) especially the study of demonic activity
- Phrenology (divining/analysis from the skull)
- Physiognomy (observing a person's face to determine character)
- PK (parakineses control of objects by the power of the mind and will)
- Precognition and predictions (foreknowledge of events)
- Psychic/spiritualist readings, healing or surgery
- θ Psychography (use of a heart shaped board)
- Psychometry (telling fortunes by lifting or holding objects belonging to the enquirer)
- Punk rock music
- Pyramidology/pyramid healing (mystic powers associated with models of pyramids)
- Rebirthing (belief in a second birth)
- Reflexology (massaging specific areas of the foot or hand in order to promote healing, relieve stress, etc., in other parts of the body)
- Reiki (universal life energy)
- Reincarnation
- Rhabdomancy (casting sticks into the air for interpreting omens)
- Rolfing (massage therapy involving intensive manipulation of the connective of the muscle and internal organs)
- θ Seances
- Secret societies (fraternities, sororities, etc.) θ
- θ Silva Mind Control (SMC - Psychorientology)
- Spells, curses, incantations
- Spirit knocking or rappings
- Stichomancy (fortune telling from random reference to books)
- Stigmata (wounds that may or may not bleed)
- Summoning spirits, or spirit guides θ
- θ Superstitions
- Table tipping θ
- Talisman (magic picture for protection/prosperity) θ
- θ Tarot cards (22 picture cards for fortune telling)
- θ Tattoos (see Leviticus 19:28)
- θ Tea-leaf reading
- θ Therapeutic touch
- θ Thought transference
- TK (telekinesis objects move around room, instruments play, engines start, etc.)
- Α TM (transcendental meditation)
- θ Trances, trance dancing
- Transmigration (passage of soul after death into another body)
- Visualisation (quided imagery)
- White Magic (invoking hidden powers [for "good ends"1)
- Witchcraft, divination, sorcery (Harry Potter)
- Yoga (involves Eastern demon worship)
- θ Zone therapy (alternative medicine)

FALSE RELIGIONS

- Ananda Marga Yoga Society
- Anthroposophical Society (Eurythmy, Rudolf Steiner, Waldorf Schools)
- θ Ancestral worship
- Buddhism (Zen, Mahayana, Nichiren Shoshu/Soka Gakkai, Theravada)
- Branhamism (William Branham)
- Carlos Castaneda
- Children of God (Family of Love)

- Christadelphianism
- Christian Science
- Church of Armageddon (Love Family)
- Church of Bible Understanding (Forever Family)
- Church of the Living Word (John R. Stevens "The Walk")
- Church Universal and Triumphant (Elizabeth Clare, Prophet)
- Divine Light Mission (Guru Maharaj Ji)
- Druids Lodge
- Eckankar (Paul Twitchell)
- EST (Erhard Seminar Training The Forum)
- Foundation of Human Understanding (Roy Masters)
- Freemasonry including The Eastern Star, Daughters of Job, Daughters of the Nile, Rainbow Girls, the Shriners, Eagles, Elks, Amaranth, Demolay, Moose, White Shrine, Buffaloes, Orange Order, etc.
- Hare Krishna (ISKCON)
- Higher Self
- Hinduism (avatars, vedanta, Brahman, Vishnu, Shiva)
- Holy Order of Mans (Esoteric Council)
- Identity movements
- Inner Peace movement
- International Church of Ageless Wisdom
- International Community of the Christ/the Jamilians
- Islam (Muslim, Moslem)
- Japanese flower arranging (sun worship)
- A Jehovah's Witnesses (Watchtower Bible and Tract Society)
- Meher Baba (Sufism Reorientated Inc.)
- θ Moonies (Unification Church, Rev Sun Myung Moon)
- θ Mormonism (Church of Jesus Christ of Latter Day Saints)
- Neo-Gnosticism
- New Age Movement (Gurdjieff-Ouspensk, Aetherius Society, etc.)
- θ Oneness Pentecostalism
- Pantheism
- Rajneeshism
- θ Rangatuism
- θ Rastafarianism
- Ratanaism
- Religious Science, Divine Science, New Thought, Mind Science
- A Rosicrucianism (Ancient Mystical Order of the Rose Cross)
- Satanism (the Church of Satan, the Brotherhood)
- Scientology (L. Ron Hubbard Dianetics)
- Self-realisation Fellowship
- Shamanism and Shintoism
- Sikhism θ
- θ Spiritual Frontiers Fellowship
- Spiritualism/Spiritism/Universal Church of the Master θ
- θ Sri Chimnoy Centre
- θ
- Swami Kriyananda, Rami, Vivekananda (Vedanta Society)
- θ Swedenborgianism (Church of the New Jerusalem)
- θ Taoism
- θ Theosophy
- A **Urantia Society**
- Unitarian Universalist Association
- Unity School of Christianity (Charles Myrtle and Lowell Fillmore)
- θ Universal Fellowship of Metropolitan Community Churches
- Way International (Victor Paul Wierwille)
- Worldwide Church of God (Herbert W. Armstrong)
- Zoroastrianism

A Checklist

When completing the Checklist, please put a tick (\checkmark) next to anything you have been involved in. Also, please mark whether your close family has been involved by marking next to the item with **F**=father, **M**=mother, **GM**=grandmother, etc.

- θ Abstract art (under hallucinogenic stimulus)
- θ Acupressure
- θ Acupuncture
- θ Alternative medicines (depends on origin)
- Amulets (tiger's claw, shark's tooth, horseshoe over door, mascots, gold earring – man) to ward off evil spirits
- θ Ankh (cross with a ring top, used in Satanism)
- θ Apparitions (spirits appearing as ghosts)
- Aromatherapy (the use of fragrances to affect or alter a person's mood or behaviour)
- θ Astral projection (soul travel)
- Astrology (zodiac signs, star signs, Chinese or other)
- θ Augury (interpreting omens)
- θ Automatic writing, painting and speaking
- θ Bio-energy (life energy)
- θ Birth signs (Chinese birth year, etc.)
- θ Black arts (magic, sorcery)
- Black magic (involving hidden powers for bad ends)
- θ Black mass (satanic parody of communion)
- θ Blood subscriptions (pacts)
- θ Cartomancy (using playing cards)
- θ Chain letters
- Channelling (entering a meditative or trancelike state in order to convey messages from a spirit guide)
- θ Charms to ward off evil spirits (apotropaion)
- θ Chinese funerals
- Clairaudience (ability to hear voices and sounds super-normally – spirited voices alleging to be that of dead people giving advice or warnings)
- θ Clairsentience (supernatural sense perception)
- Clairvoyance (ability to see objects for events spontaneously or supernormally above their normal range of vision – second sight)
- θ Colour therapy
- θ Concept therapy
- θ Conjuration (summoning up a spirit by incantation)
- θ Contact with corpses
- $\theta \quad \text{Coven (a community of witches or Satanists)}$
- θ Crystal ball gazing or crystalomancy (scrying)
- Crystals (belief that crystals transmit energy for power/healing)
- θ Cymatic therapy
- Death magic (where the name of a sickness plus a written spell is cast into a coffin or grave)
- θ Dèjá vu experience
- θ Demon worship
- θ Disembodied spirits
- Divining rod, twig, pendulum or planchette (used in dowsing or witching for waterr water, minerals, underground cables or finding out the sex of an unborn child)
- θ $\,$ Dream interpretation (as with the Edgar Cayce book)
- θ Dungeons and Dragons, etc. (role play, fantasy books)
- θ ESP (extra sensory perception)
- θ Eastern meditation / religions, Gurus, etc.
- Ectoplasm (unknown substance from the body of a medium)
- Enchanting and enchantments (attempts to use spirit power)
- θ Extraterrestrial encounters (UFO fixation)
- θ Feng Shui

- Findhorn Community (a New Age community in Scotland)
- θ Floating trumpets
- θ Fortune telling
- θ Gothic rock music
- θ Gypsy curses
- θ Halloween (trick or treat, haunted houses, masks, etc.)
- Hallucinogenic drugs (cocaine, heroin, marijuana, etc.)
- Handwriting analysis (graphology for fortune telling)
- θ Hard rock music (Kiss, Led Zeppelin, Rolling Stones, etc.)
- Heavy metal music (AC/DC, Guns & Roses, etc.)
- θ Hepatoscopy (examination of the liver for interpretation)
- Hex sign (hexagrams)
- Homeopathy (treating disease by minute doses of drugs that in a healthy person would produce symptoms similar to those of the disease)
- θ Horoscopes
- θ Horror shows
- θ Hydromancy (divination by viewing images in water)
- θ Hypnosis, self-hypnosis, hypnotherapy
- θ I Ching (ancient Chinese book of divination)
- A Idols
- θ Iridology (diagnosis of diseases by observation of the eye)
- 9 Jonathan Livingstone Seagull (reincarnation, Hinduism)
- θ Kabbala (interpretation of the Torah by secret knowledge)
- Karma (bringing upon oneself inevitable results, either in this life or in a reincarnation)
- θ Levitation, or translocation
- θ Lucky charms, signs of the zodiac or birth stones
- θ Magic (not sleight of hand but the use of supernatural power)
- θ Magnetic healing
- Mantras (a sacred word or formula repeated as an incantation)
- θ Martial arts (Karate, Kung Fu, Tae Kwando, Aikido, Judo,
- Mascots (animal, person or thing adopted by a group as its symbol and bringer of good luck)
- θ Matthew Manning (healing)
- θ Mediums
- θ Mesmerism
- θ Mental telepathy, suggestion, or therapy
- θ Metaphysics (study of the spirit world)
- θ Mind control, mediumship
- θ Mind sciences, dynamics or mind reading
- θ Monism (belief that reality consists of a single element)
- θ Mood rings and bracelets
- θ Moonmancy (moon divination)
- θ Motorskopua (mechanical pendulum for diagnosing illness)
- . Mysticism
- θ Necromancy (conjuring up the spirits of the dead)
- New Age symbols (pyramid and rainbow, hexagram, triangle, swastika, unicorn, Pegasus)
- θ Numerical symbolism
- θ Numerology (study of numbers for supernatural significance)
- θ Occult letters of protection
- Occult literature (e.g. the 6th & 7th Book of Moses, The Book of Venus, The Other side, The Greater World, works by Jacob Lorber, Edgar Cayce, Dennis Wheatley, Johann Greber, Jean Dixon, Aleister Crowley, Anton LeVay)
- θ Occultic games
- θ Occult symbols (eye of Horus, pentagram, yin yang, etc.)
- θ Omens (rhapsodomancy)
- θ Orteopathy (a form of alternative medicine)
- θ Ouiia boards
- $\boldsymbol{\theta}$ Pagan fetishes, religious objects, artefacts, relics and holidays



- Pagan rites (voodoo, sing sings, corroborees, fire walking, umbahda, macumba)
- Palmistry
- θ Parapsychology (PSI) especially the study of demonic activity
- Phrenology (divining/analysis from the skull)
- Physiognomy (observing a person's face to determine character)
- PK (parakineses control of objects by the power of the mind and will)
- Precognition and predictions (foreknowledge of events)
- Psychic/spiritualist readings, healing or surgery
- θ Psychography (use of a heart shaped board)
- Psychometry (telling fortunes by lifting or holding objects belonging to the enquirer)
- Punk rock music
- Pyramidology/pyramid healing (mystic powers associated with models of pyramids)
- Rebirthing (belief in a second birth)
- Reflexology (massaging specific areas of the foot or hand in order to promote healing, relieve stress, etc., in other parts of the body)
- Reiki (universal life energy)
- Reincarnation
- Rhabdomancy (casting sticks into the air for interpreting omens)
- Rolfing (massage therapy involving intensive manipulation of the connective of the muscle and internal organs)
- θ Seances
- Secret societies (fraternities, sororities, etc.) θ
- θ Silva Mind Control (SMC - Psychorientology)
- Spells, curses, incantations
- Spirit knocking or rappings
- Stichomancy (fortune telling from random reference to books)
- Stigmata (wounds that may or may not bleed)
- Summoning spirits, or spirit guides θ
- θ Superstitions
- Table tipping θ
- Talisman (magic picture for protection/prosperity) θ
- θ Tarot cards (22 picture cards for fortune telling)
- θ Tattoos (see Leviticus 19:28)
- θ Tea-leaf reading
- θ Therapeutic touch
- θ Thought transference
- TK (telekinesis objects move around room, instruments play, engines start, etc.)
- Α TM (transcendental meditation)
- θ Trances, trance dancing
- Transmigration (passage of soul after death into another body)
- Visualisation (quided imagery)
- White Magic (invoking hidden powers [for "good ends"1)
- Witchcraft, divination, sorcery (Harry Potter)
- Yoga (involves Eastern demon worship)
- θ Zone therapy (alternative medicine)

FALSE RELIGIONS

- Ananda Marga Yoga Society
- Anthroposophical Society (Eurythmy, Rudolf Steiner, Waldorf Schools)
- θ Ancestral worship
- Buddhism (Zen, Mahayana, Nichiren Shoshu/Soka Gakkai, Theravada)
- Branhamism (William Branham)
- Carlos Castaneda
- Children of God (Family of Love)

- Christadelphianism
- Christian Science
- Church of Armageddon (Love Family)
- Church of Bible Understanding (Forever Family)
- Church of the Living Word (John R. Stevens "The Walk")
- Church Universal and Triumphant (Elizabeth Clare, Prophet)
- Divine Light Mission (Guru Maharaj Ji)
- Druids Lodge
- Eckankar (Paul Twitchell)
- EST (Erhard Seminar Training The Forum)
- Foundation of Human Understanding (Roy Masters)
- Freemasonry including The Eastern Star, Daughters of Job, Daughters of the Nile, Rainbow Girls, the Shriners, Eagles, Elks, Amaranth, Demolay, Moose, White Shrine, Buffaloes, Orange Order, etc.
- Hare Krishna (ISKCON)
- Higher Self
- Hinduism (avatars, vedanta, Brahman, Vishnu, Shiva)
- Holy Order of Mans (Esoteric Council)
- Identity movements
- Inner Peace movement
- International Church of Ageless Wisdom
- International Community of the Christ/the Jamilians
- Islam (Muslim, Moslem)
- Japanese flower arranging (sun worship)
- A Jehovah's Witnesses (Watchtower Bible and Tract Society)
- Meher Baba (Sufism Reorientated Inc.)
- θ Moonies (Unification Church, Rev Sun Myung Moon)
- θ Mormonism (Church of Jesus Christ of Latter Day Saints)
- Neo-Gnosticism
- New Age Movement (Gurdjieff-Ouspensk, Aetherius Society, etc.)
- θ Oneness Pentecostalism
- Pantheism
- Rajneeshism
- θ Rangatuism
- θ Rastafarianism
- Ratanaism
- Religious Science, Divine Science, New Thought, Mind Science
- A Rosicrucianism (Ancient Mystical Order of the Rose Cross)
- Satanism (the Church of Satan, the Brotherhood)
- Scientology (L. Ron Hubbard Dianetics)
- Self-realisation Fellowship
- Shamanism and Shintoism
- Sikhism θ
- θ Spiritual Frontiers Fellowship
- Spiritualism/Spiritism/Universal Church of the Master θ
- θ Sri Chimnoy Centre
- θ
- Swami Kriyananda, Rami, Vivekananda (Vedanta Society)
- θ Swedenborgianism (Church of the New Jerusalem)
- θ Taoism
- θ Theosophy
- A **Urantia Society**
- Unitarian Universalist Association
- Unity School of Christianity (Charles Myrtle and Lowell Fillmore)
- θ Universal Fellowship of Metropolitan Community Churches
- Way International (Victor Paul Wierwille)
- Worldwide Church of God (Herbert W. Armstrong)
- Zoroastrianism

